EDITORIAL

The challenges and opportunities of academic profession

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Change is always a progress for the better.

Keeping this in mind, the Editorial Board of Journal of Krishna Institute of Medical Sciences University has decided to add an Editorial Column in the journal starting from the first issue of 2023 onwards.

The academicians in healthcare institutions are facing lot many challenges in the recent past, starting from the curricular changes that has been brought about, academic pressures, dual role to play as an academician and researcher, attending conferences, pressures for publication by various higher authorities such as the National Medical Commission and National Assessment and Accreditation Council so on and so forth. Along with all these, healthcare professionals have to manage the hospital work, patient care and the home front too. Academics is slowly changing from a safe career option to a much more challenging as well as taxing profession and there is a complex interplay of factors that really tax your integrity.

In such a dynamic situation how do you handle the pressures?

One of the most important things to keep in mind is accepting the changes and challenges without demure.

We know that technology has brought in lot of comforts in our lives too. With internet and computer technology, the literature searches have become easier, effective and less time consuming. For statistical analysis there are numerus tools at our disposal. We can generate online graphs. We can easily submit articles and know the outcome very fast. The lecture classes can be easily delivered through multimedia technology. Digital technology has revolutionized imaging as well as laboratories. We can communicate with experts located in any part of the globe through WhatsApp call, emails and so on. We can send images, laboratory reports as well as radiographs to anybody. Remaining static and not accepting the changes is not a good thing. We need to take everything in our stride and make good use of all these technologies that have made our lives easy.

Creating and maintaining a good team is very much important regarding carrying out research and publication. A team approach in every aspect of our professional conduct is very important in dealing with all these pressures stated earlier. At the same time, we need to create a research culture in the campus and motivate the students right from their formative years in the professional course so that they are better equipped to accept the challenges. We need to create a sense of keen observation to the changes happening in and around us and adapt to the changes. We are no longer today's medical teachers teaching

tomorrow's doctors with yesterday's technologies. We are tomorrow's medical teachers teaching tomorrow's doctors with latest technology.

To bring in a change we need to change. Be that change and we can grow by accepting the challenges and pressures.

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